

Healthy Ohio Healthy Community Awards 2011

Ohio Department of Health
Bureau of Healthy Ohio

GOLD award winners:

- ▶ City of Columbus
- ▶ City of Springdale
- ▶ City of Warren
- ▶ City of Westerville

City of Columbus

The City of Columbus is tackling several initiatives through its Creating Healthy Communities grant. Chronic Disease Self Management programs and Diabetes Self-Management programs are offered. Columbus assisted in the development of a countywide Physical Activity Plan and is in the process of developing a food access plan.

City of Springdale

- ▶ The city of Springdale has a Farmer's Market, a beautiful community center with many recreation options available and a Bikeway Master Plan. In 2011, the Springdale Health Department began offering the *Healthy U Chronic Disease Self-Management Program* at its community center. It has also offered monthly Glucose/Cholesterol screenings.

City of Warren

- ▶ In conjunction with the OSU Extension Master Gardeners, a forty plot Victory Garden was developed in May 2009. The garden is in the poorest community of Warren. In 2010, this was expanded to sixty plots, 10 specifically for children. In 2011 a pagoda was added to be used as a summer feeding site for neighborhood children. A survey showed that 99% of the gardeners increased their vegetable consumption and share their produce with their neighbors.

City of Westerville

- ▶ The City of Westerville coalition has been working in their community since 2009. Some highlights of this past year include Operation Better Body, Fit Quest, Fit Quest Kid's Club and Parks, Recreation and Open Space Plan (PROS) 2020. A new coalition, Westerville WELL, was established in 2010 "To improve the quality of life in the greater Westerville community by building awareness and enhancing access to health care and community-based wellness services.

SILVER award winners

- ▶ City of Brunswick
- ▶ Marion County

City of Brunswick

- ▶ Long standing coalition focused on health (1991); Master Bicycle Plan developed with completion date of July 2010; community supported fitness challenges; policies for healthy vending options and healthy snacks for youth sports participants; community garden spots; tobacco free policies for parks, athletic fields, pools and recreation center.

Marion County

- ▶ Marion County's Creating Healthy Communities program held a worksite wellness workshop in April 2011 and a school Health Summit in May 2011 with a focus on policy implementation concerning health. Both programs were well attended. Community gardens are also "growing" with plots in Prospect Village, Marion Community Garden, Prospect Street Church Neighborhood Garden, and Rive Valley Schools' Heritage Elementary School Based Garden.

BRONZE award winners

- ▶ City of Defiance
- ▶ City of Mentor
- ▶ Village of Lockland

City of Defiance

- ▶ The Defiance County Commissioners and the City of Defiance are currently working on a bike path through Defiance County. Funds have been set aside to be used as a match if an ODOT grant is awarded to the county.
- ▶ A Back-Pack-Buddy program has been implemented which covers the cost of food for weekends during the school year for qualifying students and younger siblings. It is in all the school districts in the county.

City of Mentor

- ▶ The city of Mentor has a Bikeway System that consists of bike paths, bike lanes and interconnecting sidewalks. It surrounds the 100 acre Civic Center Complex and provides easy access to the city's major educational and recreational facilities. Mentor has been named a "Bicycle Friendly Community" by the League of American Bicyclists. There are also water trails in the Mentor Lagoons.

Village of Lockland

- ▶ The Village of Lockland has been working with Hamilton County's We THRIVE! Grant. Their community garden program is up and running. Partners include church groups, school groups, Girl Scouts and individuals from the community. One goal is to teach children about food and eating healthy. The children help sell the vegetables, give food from the gardens to the needy and provide seeds for those who cannot afford them.
