



**Ohio Society For  
Public Health  
Education**

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Ohio Society for Public  
Health Education



Ohio SOPHE



Ohio SOPHE

# Ohio SOPHE

## Quarterly Newsletter

Quarter 1 | March 2021

### Welcome from the 2021 Ohio SOPHE President!

My name is Angy El-Khatib and I'm excited to be the Ohio SOPHE President for the 2021 year. I'm even more excited to see that the calendar has changed from 2020 to 2021. When 2020 started, we truly had no idea what strange, challenging and yes, even "unprecedented" times were ahead of us. I'm grateful for those members of Ohio SOPHE who have embodied optimism and hope as they continue to be champions for the significance and relevant of our mission at Ohio SOPHE during this time.

Ohio SOPHE was formed in the 1980s to promote healthy communities & environments through professional development opportunities, networking, and strong partnerships with allied health organizations in Ohio. Together, with the national organization, we work towards the overall mission which is to promote, encourage, and contribute to the advancement of the health of all people through education.

The Ohio SOPHE mission is not something we can set aside and hope to find again at a more convenient time. It's now or never. And with that in mind, I'd like a moment to express my gratitude and thanks:

Thank you to all the Ohio SOPHE members who've stepped up to help confront these exceptionally difficult circumstances of the COVID-19 pandemic. Your willingness, ability, and talent in meeting these challenges head-on give us courage, confidence, and hope for the future.

Thank you for fighting through the fatigue, frustration, and burnout to continue to make a difference. It has been so hard in different ways for each of us. No one knows how hard this pandemic has been as the frontline health care and public health communities.

Thank you for being hopeful and persevering at the right moments. These are the moments that keep us moving forward.

Thank you to the local Ohio communities who've entrusted us with their health, well-being, and who support us in doing our jobs during these difficult times.

I'm happy to see the calendar go from 2020 to 2021 and I'm grateful for the Ohio SOPHE Board and members are all working together to enhance the profession of public health education and improve the health and well-being of all Ohio's residents.

Angy El-Khatib, MPH, CHES®  
Ohio SOPHE President



### Save the Date:

**2021 Health Educators' Institute (HEI)**

**October 20th-22nd**

**Maumee Bay State Park**

<https://www.ohiosophe.org/HEI-Conference-Registration>





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# Welcome 2021 Ohio SOPHE Board!

President	Angy El-Khatib
President-Elect	Grant Seredick
Past President	Jessie Wingert
Secretary	Vacant
Treasurer	Carrie McKee
Membership	Amanda Lynch
National Delegate	Heather Vilvens
Southwest District Rep	Regan Johnson
Southeast District Rep	Geri Rouscoulp
Northeast District Rep	Amanda Kelly
Northwest District Rep	Aubrey Whewell
Central District Rep	Lauren Battistia
Student Liaison	Rachel Harding
Technology (Co-Chairs)	Kari Boyle & Ellen Claiborne
Advocacy	Sativa Banks
Marketing	Tonia Dunson-Dillard
Professional Development	Nicole Smith
Combined Public Health Conference Planning Committee	Casey Smith
Continuing Ed (Co-Chairs)	Amy Bernard & Jen Morel
Scholarship Chair	Rob Braun
Ohio Public Health Advisory Board	Chelsea Sadinski
Ohio Public Health Partnership	Casey Smith
Ohio Injury Prevention Liaison	Ashleigh Thornton

## 2021 Ohio SOPHE Quarterly Meetings

Join us for our quarterly meetings and professional development sessions!

June 11th

September 10th

December 10th

All meetings will be held virtually until social-distancing pandemic restrictions are lifted.





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## Building Healthy Academic Communities 5<sup>th</sup> National Summit

[Register NOW](#) for the 2021 Building Healthy Academic Communities National Summit! This year's virtual summit - *Building Resilience* – will be held on **April 21 - 22, 2021**. Keynote speakers include [Amit Sood](#), MD, Executive Director, Global Center for Resiliency and Well-being, and [Cornell Wright](#), MPA, Executive Director, North Carolina DHHS Office of Minority Health and Health Disparities. Their presentations will focus on Building Resiliency in Higher Education and on Health Equity in Context, respectively.

[Learn more about these speakers and more topics you won't want to miss!](#)

CHES credits will be offered to Summit attendees.



## UC's Eta Sigma Gamma Chapter Making an Impact

The University of Cincinnati is home to the Gamma Eta chapter of the national health education honor society, Eta Sigma Gamma. This semester the group planned, implemented, and evaluated a virtual panel discussion about mental health titled "Stomp Out the Stigma." Starting with the process of looking at UC's National College Health Assessment data and finding concerning indicators among the student population such as feeling overwhelmed, high levels of anxiety, and thoughts of suicide, the students then created measurable objectives and planned a discussion featuring two mental health professionals and a student managing a mental health condition. The ESG students used a pre and post test evaluation and found increases in participants willingness to seek professional mental health help, their confidence in supporting a friend struggling with mental health, their knowledge of mental health resources, and more.



***Stay up-to-date on COVID-19 with  
the Region V Public Health  
Training Center***

<https://www.rvphtc.org/resources/covid-19-resources/>

